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2022 - 2023

# ANNUAL REPORT

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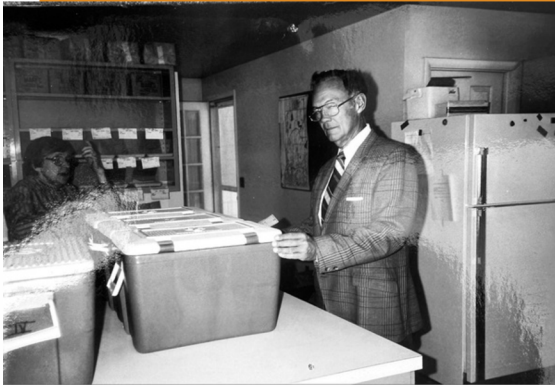
2022-2023 Annual Report

89 Maple Avenue  
Greenwich, CT 06830

203-869-1312

[mealsonwheelsgreenwich@outlook.com](mailto:mealsonwheelsgreenwich@outlook.com)

<https://mealsonwheelsofgreenwich.org>



## OUR MISSION

The mission of Meals-on-Wheels, Inc. of Greenwich (MOW) is to provide a food service that delivers tasty, nutritious meals at a low cost to any Greenwich resident in need.

We provide more than just a meal. We help the elderly, people with disabilities, handicapped, and homebound people of any age live without fear of food insecurity. Our clients are unable to shop or cook for themselves and require home-delivered meals on a short-term or long-term basis. All it takes is one phone call to MOW.

Clients also include preschool children at the four Family Centers Greenwich pre-K programs and children participating in a local academic support program. We contract with Filling in the Blanks of Norwalk, Connecticut to purchase and deliver weekend meals for these children every week.

Our volunteers not only bring nourishment to our clients but also provide critical personal contact to a population that is often isolated. Friendly, caring volunteers deliver meals to enable the people in our community to live nourished lives with independence and dignity in their own homes.

Today, MOW is proud to have nearly 80 volunteer drivers delivering nearly 2,400 healthy meals per month to over 100 Greenwich clients.



## **LETTER FROM THE PRESIDENT OF THE BOARD OF DIRECTORS**

Dear Friends,

The work of Meals-on-Wheels, Inc. of Greenwich is made possible by our volunteer drivers whose wheels cover the town of Greenwich daily. Meals-on-Wheels, Inc. of Greenwich continues to provide nutritionally balanced meals every day for individuals who cannot cook for themselves. Our nearly 80 dynamic volunteer drivers deliver lunch and dinner five days a week. Weekend meals are delivered on Friday. We work with a local caterer who prepares the meals under the supervision of a certified nutritionist.

Four years ago, we recognized an unmet need for preschool children and children in a local program that also provides academic support. We have contracted with Filling in the Blanks of Norwalk to deliver meals to four Greenwich pre-K programs to help meet those needs, as well as older children participating in the academic program. Meals on Wheels purchase the meals from Filling in the Blanks, and our volunteers deliver the food. We strive to make meals available to all ages with the assistance of friendly volunteers who make sure meals are delivered safely and on time. It is an honor to head up our volunteer Board of Directors and lead this organization that makes a huge difference to those in the town of Greenwich.

Sincerely,

A handwritten signature in blue ink that reads "Lori Jackson".

Lori Jackson  
President, Board of Directors



## **LETTER FROM THE DIRECTOR OF OPERATIONS**

Meals-on-Wheels, Inc. of Greenwich can keep the wheels turning thanks to the dedication of our volunteers, who arrive at our office five days a week ready to deliver meals throughout Greenwich. Our donors and volunteer drivers allowed us to have over 24,000 meals during the 2022-2023 year.

At a time when our population continues to age, inflation adversely affects the purchasing power of many of our limited-income residents, and many families are struggling to maintain adequate support for their loved ones. Meals-on-Wheels, Inc. of Greenwich, is part of the solution that enables many of our residents to remain at home. Whether it be for short-term (post-hospitalization or rehabilitation) or long-term service, our dedicated staff and volunteers check in with a friendly visit and let family members know if there are concerns.

Thank you for your participation with our organization during 2022-2023, and we look forward to having you as part of our team moving forward. Your time and generosity make a big difference in our wonderful community of Greenwich.

Best Wishes,

A handwritten signature in black ink that reads "Lynne S Stewart". The signature is written in a cursive style with a large, stylized 'S'.

Director of Operations

# THE SIGNIFICANCE OF THE HISTORY OF MEALS-ON-WHEELS

The first Meals-on-Wheels started in England during World War II by the British Women's Voluntary Service for Civil Defense in Welwyn Garden City in 1943. Delivery of meals started as a reaction to the 1943 Influenza epidemic, providing meals for the elderly and the sick. A 'meals on wheels' service was organized for the aged and infirm people in the town who were experiencing a difficult time because the able and stronger people who had cared for them were serving in the war. By 1956, one million meals a year were being delivered in 320 areas and by 1962, four million meals were being served in 790 areas.



This photograph depicts members of a London WVS centre, in 1947, loading pails containing individually portioned Meals on Wheels onto a delivery van. Source: Royal Voluntary Service

In Greenwich, MOW began in 1960 by The Woman's Club. They started with two meals a day on Tuesdays and Thursdays, including a hot dinner and a cold protein. Projects to help pay for the MOW service at the time included sales of books, toys, costume jewelry, and fruit cake. In 1962, MOW made over 1,600 deliveries to customers. Today, MOW delivers nearly 2,400 meals per month to Greenwich residents, both old and young.

## OUR VOLUNTEERS

Our volunteer drivers whose wheels cover the town of Greenwich daily are the heart and soul of the organization. They are passionate, reliable, and team players. Their patience, energy, and willingness to volunteer make them invaluable to our team.

### A

Rosemary Annunziato  
Susan Arturi  
AVID

### B

Kristin & Rick Bainbridge  
Lisa Baird  
Beth & Sam Barsanti  
Phyllis Behlen  
Belinda & Dick Benincasa  
Elizabeth Bleuel  
Connie Blunden  
Jean Body  
Mary Bopp  
Sarah & Jim Boutelle  
Gerry Boyle  
Boys & Girls Club of  
Greenwich  
Andrea Brennan

### C

Bob Carey  
Bernice Carroll  
Jenny Collins  
Christie Coon  
John Craine  
Pam Cunconan  
John Curry

### D

Beth Daniels  
JoAnn Davey  
Betsy Decker  
Susan & Doug Decker  
Jen Donnalley

### E

Amy Elrod  
Eastern Middle School

### F

Ryan Fazio  
Linda Fields  
Amy Focazio  
Kevin Flaherty  
Lisa Foley

### G

Constance Gibb  
Greenwich Academy  
Cathy & Mike Goff  
Green Fingers Garden  
Club  
Greenwich Country  
Day School

### H

Jason Halio  
Tarquin Hanson  
Susan & John Hart  
Steve Hatch  
Sandie Heath  
Chrissy Heyworth  
Christone Higbie  
Barbara Hindman  
Brittany Honh  
Hortulus  
Kirk & Jay Huffard

### I

Jack Indiveri  
Kathy, James & Eric  
Ivester

### J

Lori Jackson  
Kyra Johnson

### K

Rebecca Karson  
Carol Ann Kelsey Smith  
Frank Kelly  
Felicity Kostakis

### L

Cookie & Dave LaRusso  
Lindy Lilien  
Gretchen Lupinacci

### M

Donna & Daniel Mabes  
Cindy Mardis  
Susan Marino  
Melissa & Olivia McClammy  
Missy & Maggie McKenzie  
Suzanne Merkel  
Kenna Metter  
Kip Meyer  
Tara Mitchell  
Jim Mullins

**N**

Trevor Nightingale  
North Mianus School  
Rick & Tina Northrop

**O**

Gloria O'Connell  
Monica Ortiz  
Old Greenwich Flower  
Club

**P**

Lisa Palmer  
Rosemarie Palmieri  
Olivia Parton  
Amy Peel  
Jane Perkins  
Bob Phillips  
Doug Pulick

**R**

Ron Rembaum  
Janice & Albert Repicci  
Cyndy Ritzler Pulick  
Mark Rogers  
Lisa & Robert Rooney  
Ginny & Tron Rowan  
Kristen & Kyle Roy

**S**

Laurel & Andrew Scarlata  
Sophia Scarpelli  
Debra Schwartz  
Francie & Rob Sinnott  
Frank Clawson Smith  
Scott Smith  
David Snyder  
Kristine Stahly  
Lynne Stewart  
John Sudell

**T**

Anne Thaxter  
Peter Tunley

**W**

Deb Wilson  
Lisa & Paul Wysocki





## **BOARD OF DIRECTORS**

Meals-On-Wheels, Inc. of Greenwich is a nonprofit 501(c)(3) organization dedicated to serving the needs of the Greenwich community. Oversight of the organization is provided by the Board of Directors, comprised of community and business leaders.

Lori Jackson, President

Debra Schwartz, Vice President

Andrea C. Sisca, Recording Secretary

Jane Perkins, Corresponding Secretary

Phyllis Behlen, Treasurer

Susan Arturi, Board Member

Hsiao-Lien Boardman, Board Member

Doug Decker, Board Member

John Eddy, Board Member

Mary Huyck, Board Member

Terry Lamantia, Board Member

Carolyn LaRusso, Board Member

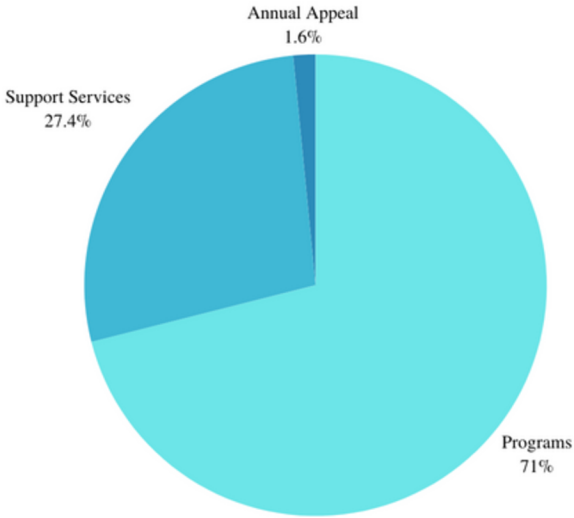
Brian Maher, Board Member

Robert Phillips, Board Member

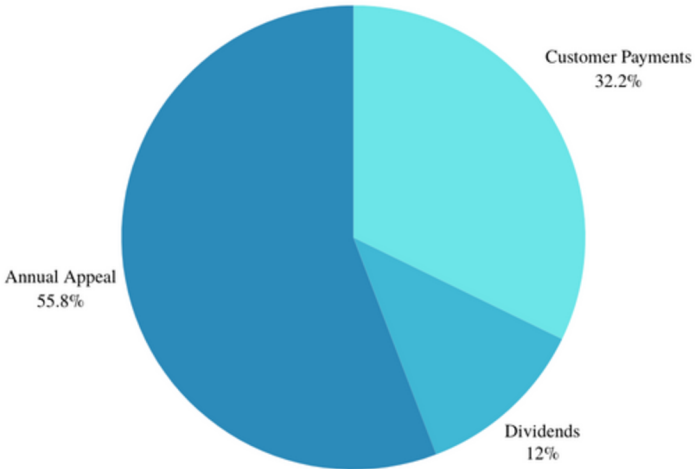
Cynthia Ritzler Pulick, Board Member

Lynne Stewart, Director of Operations (Ex Officio)

# FINANCIAL INFORMATION - TOTAL EXPENSES



# FINANCIAL INFORMATION - TOTAL SUPPORT



*Meals-on-Wheels, Inc. of Greenwich is a 501(c)(3) organization.  
All contributions are tax-deductible as provided by law.  
EIN# 06-0809614*

# DONORS

The names listed reflect donations made during our 2022-2023 Fiscal Year  
October 1, 2022 - September 30, 2023

## A

Martin Alexander  
Michael Allen  
Virginia Allis  
Joel Altobello  
Joseph Angland  
John Anner  
Anonymous  
Diana Arbelaez  
Joseph Arcade  
Susan & Perrin Arturi  
Mark Ashenfelter  
Kenneth Asher  
John Avellino  
AVID Program  
Greenwich High School

## B

Rick Bainbridge  
Keith Balter  
Katherine Barba  
William Barbe  
Ellen & Robert Barolak  
Philip Bartels  
Kenneth Bartels & Jane Condon  
Richard Bartholomew  
Gerald Baruno  
Phyllis Behlen  
Belinda & Dick Benincasa  
Carl Bennett  
Sheila Bennett  
Joseph Benvenuto  
James Berger  
Don Berger  
Meaghan Berry  
Renato Berzolla  
Wendy Blumenthal  
Senator Richard Blumenthal  
Jean Body  
Stephen Boies  
Patricia Bowles  
Mac Bradford  
Andrea Brennan  
James Brett  
MaryBeth Brown  
James Bruno  
David Burrows

## C

Stephen Cahn  
Virginia Campbell  
Kristine Cappo  
Judith Caravella  
J. Robert Carey  
Jane Carmichael  
Kenneth Bartels  
& Jane Condon  
James Carroll  
Ralph Casazzone  
Brian Cayton  
Jacqueline Chamandy  
Eva Chin  
Marylin Chou  
Michael Clain  
Gertrude Clark  
John Cooper  
Carmen Cotto  
John Curry

## D

Heather Dahle  
Elizabeth Daniels  
Lyman Delano  
Cort Delany  
Marie D'Elia  
Arthur Delmhorst  
John Denne  
James DentonPeter  
Dixon  
Susan Dommerich

## D (continued)

Terrill & Donald Dowd  
Carol Ducret  
Madeleine Duerst  
Thomas Duncan

## E

Eastern Middle School  
Beth Eaton-Koch  
John Eddy  
Thomas Edmundson  
Anders Ekernas  
John Erdman  
David Erickson

## F

Marci Fagan  
Family Foundation Carthaus  
John Farrell  
Lawrence Feldman  
Joshua Feuerman  
Mark Figgie  
Daniel Finn  
Jane Finn  
James Fitzpatrick  
Philip Fiumefreddo  
James Fogarty  
Donald Foley  
Edward Fox  
William Fraad  
Eleanore Francefort



**F (continued)**

L. Scott Frantz  
 Michael Freeburg  
 Richard Frenz  
 Lynn Friend  
 Michael Funck

**G**

Serge Gabriel  
 Gail Gallagher  
 Alfred Gallicchio  
 Zayda Garcia  
 Charles Gardner  
 Henry Gasiorowski  
 Tolman Geffs  
 Patricia Geismar  
 Bob Gelfman  
 Andy Gesell  
 Antreas Ghazarossian  
 Constance Gibb  
 Gerald Gibian  
 Alan Gilbert  
 Robert Gilbert  
 Frank Gilbride  
 Angela Gilbride  
 G Continues  
 Theresa Gill  
 Philip Giovine  
 Roni Goldberg  
 Ann Goodson  
 Terry Goodwin  
 Albert Gordon  
 Anthony Graham  
 Allen Green  
 Green Fingers Garden  
 Club  
 Greenwich Country  
 Day School  
 Philip Greer  
 Peter Griffin

**H**

Jean Hacker  
 Charles Hacker  
 Gillian Hall  
 Howard Hall  
 Virginia Hamilton  
 Mike Harris  
 Thomas Hartch  
 Linda Hartig  
 Gregory Hatch  
 Richard Hays  
 Thomas Healy

**H (continued)**

J. David Heap  
 Sandie Heath  
 John Heffernan  
 Per Heidenreich  
 Charles Heimbold  
 Robert Henkes  
 William Henry  
 Louise Herz  
 Dennis Hewitt  
 Louise Hoffman  
 Hortulus  
 Jeanne Host  
 Yung Huang  
 Kirk Huffard  
 Thomas Hughes  
 Philip Huyck

**I**

John Irwin  
 Robert Ivanhoe  
 Eric Ivester

**J**

Allen & Lori Jackson  
 Douglas Jamieson  
 Bo Jarnstedt  
 Bon Jaspersen  
 Penelope Johnston  
 Kurt Jomo  
 Estelle Jones  
 Giles Jones  
 Mary Jura

**K**

Joseph Kanarek  
 Laurence Kantor  
 Stephen Katz  
 G. Lynton Kaufman  
 Edna Keleshian  
 M. Teresa Kelleher  
 Norma Kerlin Buchman  
 Michael Keyser  
 Carole Kiachif  
 William Kiernan  
 Bill Kies  
 John Kim  
 William King  
 John Kingsley  
 Mimi Kirk  
 Diana Klemin  
 Thomas Knight  
 Gail Knutsen

**L**

Rita Lapcevic  
 Robert Lawrence  
 Alain Lebec  
 Paul Leblang  
 Charles Lee  
 Elaine Leegstra  
 Penelope Lehman  
 Steven Leifer  
 Donald Lenner  
 Martha Lessing  
 Paul Levine  
 Robert Lichtenfeld  
 Albert Lilienfeld  
 Philip Lochner  
 Virginia Lombardi  
 Elizabeth Long  
 Ralph Longo  
 Chris Loveless  
 Bounseum Luangkhhot  
 Donald Lucey  
 Neil Lucey  
 Vincent Lukason

**M**

Donna Mabes  
 James Mabie  
 James MacPherson  
 Veronica Madigan

**M (continued)**

Stephen Mandel  
 Theo Mantzikos  
 Samuel Marasso  
 Walt Mardis  
 June Marks  
 David Maxwell  
 Gerald Mayfield  
 James McArdle  
 Christopher McCormack  
 Walter McKeever  
 Joseph McLaughlin  
 Mary McNamee  
 Philip McWhorter  
 Robert Mendelsohn  
 Joan Mendenhall  
 Robert Menell  
 Whitney Merrill  
 Josie Messina  
 Patricia Messina  
 George Meyers  
 Brian Miller  
 John Minor  
 Katherine Minton  
 Dennis Monson  
 William Moore  
 Michael Mora  
 David Moran  
 Robert Morgan  
 Jim Morris  
 Thomas Morrison  
 Louise Mueller  
 Susan Mufson  
 Robert Mulcare  
 Thomas Muller  
 Neal Myerberg  
 Stephen Myers

**N**

David Nap  
 Ronald Napoli  
 Don Nelson  
 Peter Ness  
 Jon Nesvog  
 Gregory Neuman  
 Irene Newell  
 Jeffrey Newhams  
 James Ng  
 Bruce Nicholas  
 Charles Niemeth

**N (continued)**

Raj Nooyi  
 ohn Norrgard  
 Amir Nosseir  
 Susan Nova

**O**

Elisa O'Brien  
 Peter O'Brien  
 Dan O'Connell  
 Albert Oliva  
 C. Hooker O'Malley  
 John O'Neill  
 Edward Oppedisano

**P**

Jeff Paccione  
 Richard Pace  
 Louis Paglia  
 Penelope Pappas  
 Lee Parfrey  
 Frank Parker  
 Kathryn Payne  
 Brian Pennington  
 Russel Perkins  
 Edward Perkins  
 Charles Persico  
 Carol Peterson  
 Gerald Porricelli  
 Letitia Potter  
 Primo Family  
 Robin Prince  
 Russell Pruner  
 Suzanne Prunier  
 Douglas Pulick

**Q**

Mediha Qureshi Clarke

**R**

Kelco Realty Co LLC  
 James Reibel  
 Ron Rembaum  
 Albert Repicci  
 Penny Resnick  
 Gary Riddell  
 Gerald Rigg  
 Robert Rimmer  
 Marc Rinaldi  
 Avrun Rivel  
 Robert Rooney  
 Daniel Rosen  
 Christian Roth  
 Allen Rothman  
 Donald Rotzien  
 Feliz Rovelli  
 Virginia Rowan  
 Margaret Rowan  
 Karen Royce  
 Peter Ryan

**S**

Robert Sadock  
 David Samuels  
 Richard Sarkisian  
 Christopher Scarlata  
 Carl Barry Schaefer



**S (continued)**

Felicia Schechter  
 Kurt Schlick  
 Barbara Schulze  
 Eric Schwartz  
 Debra Schwartz  
 Mark Schwarzman  
 David Scopelliti  
 Rolf Selige  
 John Shaw  
 George Sherwin  
 Laurence Simon  
 Suzanne Simpson  
 Peter Simpson  
 David Sims  
 Stephen Sinko  
 Richard Sitt  
 Scott Smith  
 Raymond Soto  
 Stephen Soule  
 Anne Spurzem  
 Arnold Stancell  
 Robert Stark  
 Christopher Stavrou  
 Linnea Stenberg  
 Warren Stern  
 Lynne Stewart  
 Donald Stillman  
 Cliff Storms  
 Thomas Sung  
 Jack Sweger

**T**

Gail Taar  
 Judith Tattar  
 E.D. Taylor  
 Juliet Teakle  
 RM Thebaud  
 Elisa Timmermans  
 Paul Toretta  
 John Townsend  
 Linda Trefny  
 Joan Truscello  
 Peter Tunley  
 Charles Tyler

**U**

George Ubogy  
 Peter Uhry

**V**

Vincent Vincchiotti  
 Ragina Vintiadis  
 Fabio Volterra

**W**

Patty Walker  
 Theodore Waslworth  
 Tom Ward Jr.  
 Marjorie Webb  
 Mary Webster  
 John Weinberg  
 Jeffrey Weinberger  
 Mark Weissler  
 Noble Welch  
 Scott Welsh  
 Carralliene Westbrook  
 Mary Jo Whelan  
 Peggy Whitlock  
 Rhonda Whitmore  
 Jeffrey Wilkens  
 Kurt Willinger

**W (continued)**

Marilyn Willis  
 James Wilson  
 Lee Wilson  
 Paul Wolansky  
 Michael Wolfson  
 Peter Wright  
 Ralph Wyman

**Y**

James Yacobucci  
 Jordan Yarett  
 Jane Young  
 Christopher Yu

**Z**

Mary-Ann Zalman  
 Barbara Zappavigna  
 Barbara Zay  
 Stephen Zide  
 Mrs. Charles Zion  
 Felice Zwas



# COMPANY, FOUNDATION & ORGANIZATION DONORS

The names listed reflect donations made during our 2022-2023 Fiscal Year  
October 1, 2022 - September 30, 2023

## A

ACME

Anonymous Christmas Angel

## M

The Rudolph J. & Daphne A.  
Munzer Foundation

## B

Bank of America

Boardman Family Foundation

The Boston Foundation

## N

Network for Good

## O

Ohnell Family Foundation

## C

Community Development Block Grant

## P

PayPal Giving Fund

## D

The Cory & Bob Donnalley Foundation

## R

The Resource Foundation  
Ruth Brown Foundation

## F

First Congregational Church of Greenwich

## S

SDF Capital  
Second Congregational Church  
The Selander Foundation  
Stop & Shop Bloomin' for Good Program

## G

Give Lively Foundation

## I

IBM Employee Services Center

IBM Retiree Charitable Campaign

## V

Versailles Bistro & Bakery

## L

Lions Club of Greenwich

## Y

Your Cause

## Z

Zia Charitable Foundation



# BEQUEST GIVING

Philanthropy is largely a social act. An act of taking care of others. Of doing unto others what you would have done unto you. Contributing an impactful gift to help others.

Bequest Giving is a way to leave such a gift. A planned future donation, given through a will or other form of designation after you no longer need the money.

Bequest Giving allows donors to make larger gifts than might otherwise be possible, increase their retirement incomes, receive tax advantages, and more effectively pass on assets to heirs.

Every Bequest Gift, regardless of the amount, is important and cherished by Meals-on-Wheels, Inc. of Greenwich. By including Meals-on-Wheels in your estate plan, you will leave a legacy that lasts beyond your lifetime.

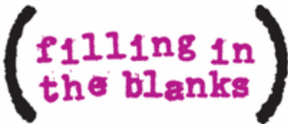
You will be planting a tree that will grow and provide fruit, shade and beauty for future generations. The impact your Bequest Gift will create will be life altering to those who hope to stay in their peaceful homes, despite not being able to shop for and prepare nutritious food.

Please remember Meals-on-Wheels, Inc. of Greenwich in your will. Consider leaving a legacy to some of our very vulnerable neighbors to memorialize your important values.



# PARTNERS AND SUPPORTERS

We are tremendously grateful for the support we receive from our partners and supporters. It takes a village to help our community.



Susan, these are new photos for the 2022-2023 report. please place them where you think best:













